

May 24, 2022

Dear Everett Public Schools' families:

There are no words to adequately express the deep sorrow I feel for the victims of today's tragic mass shooting at Robb Elementary School in Uvalde, Texas. Every family should be able to send their child to school and expect them to come home. My heart is broken, and my thoughts are with the community at this unimaginable time.

This is difficult to process, as a parent I am struggling with you. Acts of violence such as these are especially disturbing and frightening because they could have happened anywhere. There are many things we as adults can do to reassure our students of their safety at school.

As our children learn of this event, it is important to know it may cause them to question their own safety in our schools. While we cannot give our students a guarantee that nothing bad will ever happen to them, we can reassure them the adults around them will do everything in their power to keep them safe.

Families and staff are encouraged to visit the following resources to help talk with their kids about this tragic event.

## Resources:

<u>Talking to Children About Violence: Tips for Parents and Teachers</u> – *National Association of School Psychologists* 

Talking to Kids About Fear and Violence - Mental Health America

How to Talk to Kids About Tragedies in the Media - Child Development Institute

We will continue to support students by providing them with accurate information, opportunities for extra support if needed, and to keep our routines as normal as possible to help students feel secure. You can help your child by simply talking and listening to them.

We don't always know how a student will be affected in a crisis, but you know your children the best of anyone. Due to previous similar events or losses, if you feel your child needs to visit with someone, please let your school know.

Sometimes the only good we can find in such a tragedy is how it reminds us to hug our loved ones tighter and appreciate what we have. It also strengthens our resolve and sense of urgency around providing mental health supports for our students.

Stay safe and be well,

Dr. Ian B. Saltzman